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Upcoming Dates

- Feb. 10-12 BC AA Champs Chilliwack
- Feb. 16-19 Speedo Western Canadian Champs (Winnipeg, MN)
- Feb. 18 PASS #4 (Watermania)
- Feb. 25-26 LMR Champs (Watermania)
- Mar. 1-4 BC AAA Champs (Surrey)
- Mar. 3 RSS Mini Meet #4 (Watermania)
- Mar. 9-11 BC Senior Champs (UBC)
- Mar. 27-Apr. 1 Canadian Olympic Trials (Montreal, QB)
- Apr. 28 PASS #5 (Watermania)

Results on Webs

To keep our newsletter slightly briefer all results and news stories are available on the website under NEWS.

Late Pickups from Pool

A concern we have had over the years at the Minoru pool is parents picking up their children late from the pool. We want to remind all parents to please be aware that lessons end promptly as 6:30. Please make arrangements to pick your children up at 6:30 as there will not be any Rapids Staff on duty after 6:30.

Rapids coaches are not responsible for swimmers after their lessons are complete.

Updating Emergency Contact Info on the Website

Please update emergency contact information on your club account.

This information is required should anything occur during swim practice and the coaching staff is unable to contact a parent.

This is parents' responsibility and should be done for every child swimming in the club.

Please log into your club account via the website. Click MY ACCOUNT → MY ACCOUNT (again) and under the

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emergency contacts tab update to your current information.

Should you have any questions please contact Coach Dennis at dennis@richmondrapids.com

Watermania Moveups

Congratulations to our recent graduates at Watermania. They have achieved time standards that have allowed them move up groups!

Angela Gu – RD3 to PAG1 Adrian Hsing – RD3 to PAG1 Leah Hillman – AGD1to RD2 Tiger Chen – AGD1 to AGD2 Cecilia Soroco – AGD1 to AGD2 Ray Hong – AGD1 to AGD2

Minoru Moveups

The Rapids Swim School had 30 swimmers who completed all the necessary skills to move up levels in Jan, so please congratulate:

- Sam Xu, Level 5 to AGD 1
- James Chen, Level 5 to AGD 1
- Angela Zhou, Level 5 to AGD 1
- Alex Yu, Level 5 to AGD 1
- Ada Ling, Level 4 to 5
- Jonathan Wang, Level 4 to 5
- Sanmi Sakamoto, Level 4 to 5
- Mia Alvarez, Level 4 to 5
- Sophia Xu, Level 3 to 4
- Wesley Yiu, Level 3 to 4
- Gyleen Abanto, Level 3 to 4
- Sonja Berg, Level 3 to 4

- Eliza Ryder, Level 3 to 4
- Jane Balen, Level 3 to 4
- Jeremy Zhang, Level 3 to 4
- Renan Dobrer, Level 2 to 3
- Nicole Dubon, Level 2 to 3
- Alvin You, Level 2 to 3
- Joshua Kwok, Level 2 to 3
- Dorolice Joy Sze, Level 2 to 3
- Bria Sequeira, Level 2 to 3
- Ria Gill, Level 2 to 3
- Jimmy Fan, Level 2 to 3
- Maio Hui, Level 2 to 3
- Yushi Sakamoto, Level 2 to 3
- Grace Gates, Level 2 to 3
- Daniel Stewart, Level 1 to 2
- Chantal Flaminman, Level 1 to 2
- Si Chen, Level 1 to 2
- Yan Bo Wang, Level 1 to 2

Please note, the skills necessary for move ups are assessed once a month. Swimmers move up to a higher level once they have completed the necessary skills. There is no set time period in each level because it is all based on ability.

Child Sports Tax Receipts

Your child's sporting or exercise activity can be deducted from your taxes under Canadian tax law. In order to be eligible you must submit a receipt with your child's total income spent on recreation if requested.

The Rapids have provided you with this. Receipts can be claimed at the office in Watermania or from Donna Hand at Minoru.

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LMR Champs Volunteer Signup

We are hosting LMR Champs this February 25-26 weekend at Watermania. This meet is for swimmers who have achieved a BC AA time standard or lower.

We are running it single ended and timed finals. The job sign up is found on the website.

Once again we require your help to run this successful championship meet.

Meet Signup Process

The meet sign up process has changed and we apologize for the confusion.

Please take note:

For Meets Within the LMR:

- 1. All swimmers will be signed up automatically should they qualify the meet.
- 2. Should you not want your swimmer to attend please email swim@richmondrapids.com and let us know that your child will not be attending or call the Rapids Office.
- **3.** You will be charged the cost of the meet fees should you not scratch before the deadline.

For travel meets outside the LMR:

- 1. You must print out the permission form located on the team website and return it with the correct deposit amount prior to the sign up deadline.
- **2.** Late signups will no longer be accepted.

3. Swimmers who achieve required time standards AFTER the sign up deadline can still sign up. Just talk to your coach.

Once signups are complete you will be responsible for all costs unless a valid medical note is presented.

OnDeck Parent App for Android

The providers of our team's website has a new application out on Android.. It is called ONDECK PARENT and can be downloaded for free from your app store. The iphone version has been available for the past year and can also be downloaded no cost.

The application uses the TeamUnify database to show swimmers personal bests, upcoming events and entries as well as your child's attendance at practice (should your coach be using this system.)

This application can be used to see times for swimmers in AGD2, PAG, ND, RD as they are tracked by the database.

You will need to know your login name (email address) and your password. The same one you log onto the website with. As well you will require the team alias which is CANRR.

You will need to download the database from the internet which is a larger file download. We recommend that you be

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attached to a wireless connection as opposed to your cellphone's connection.